The Magic of Skiing 2015

With Thomas Crum and selected Aspen Ski Company Ski and Snowboard Professionals

Saturday, January 31 – Friday, February 6, 2015



Imagine being in the fabulous Rocky Mountain resort of Aspen, residing in view of Aspen Mountain, skiing and snowboarding some of the most magnificent and varied terrain in the world with great ski and riding instructors in an optimal learning environment, making new friends, and creating balance in your life at the same time!

This program can bring you back to yourself, and help you be in the moment every time. Katie Ertl, Managing Director--Ski/Snowboard Schools of Aspen/Snowmass

The Magic of Skiing with Thomas Crum is Aspen Skiing Company's longest running specialty program for a good reason: we focus on the "big picture." We don't just see skiing or riding as a series of techniques to get right. We view the art of skiing as a vehicle for self-awareness, an opportunity to become more conscious, to cultivate appreciation, and to discover how to unify the mind and body to achieve inner peace.

All this, while having even MORE fun on the mountain!

Love the camaraderie -- everyone is so positive and supportive; great energy and spirit. Phil Kendall, Colorado Springs, CO

The Magic of Skiing combines full days of skiing/riding with Thomas Crum's off-mountain training, a totally unique and enriched learning experience. You will find yourself creating more balance -- not just in your skiing/riding but in your relationships and your life experiences.

All this, in the fabulous Rocky Mountain resort of Aspen, Colorado, home of the most magnificent and varied terrain in the world.

This program gives all of us the true essence of skiing. Thank you for changing my life for the better.

Doug McDaniel, Lostine, OR

Saturday, January 31 – Friday, February 5, 2015

The Magic of Skiing - \$2295

The program begins with an Intro Session on Saturday evening, January 31, 7-9 pm, followed by five full days of skiing/boarding instruction plus daily morning and apres-ski sessions with Thomas Crum. (Wednesday is a well-deserved day off!) Days begin at 7:30 am and end at 5:30 pm. The program ends on Friday, February 6, around 5:30 pm. All off-mountain sessions are held in The Gant's newly-remodeled conference center.

The Magic of Skiing includes:

- Training in the <u>Thomas Crum Approach</u> A unique, powerful system of mind/body coordination, fitness and health, relaxation and awareness, conflict resolution, and harmony in relationships. Requires no previous training.
- Five Full Days of Quality Ski or Snowboard Instruction In small ability-level groups ranging from first-time skiers to triple black experts. Ski the group's choice of Aspen Mountain, Snowmass, Buttermilk, or Aspen Highlands, with some of the best ski instructors the world has to offer.
- 6-Day Lift Ticket Good on Aspen Mountain, Snowmass, Buttermilk, or Aspen Highlands. (Program price can be adjusted if you already have your own lift ticket.)
- Facilitation by Thomas Crum who will lead all of the off-mountain sessions and rotate among groups on the mountain.
- Nutritious full breakfast and afternoon tea/snack daily at The Gant

The Magic of Skiing is very, very good value for the money...and that's without factoring in all the extra learnings.

Kevin Harding, Queensland, Australia

About Thomas Crum

Thomas Crum, the director of **The Magic of Skiing**, conducts seminars for corporate, government, non-profit, and public organizations on stress reduction, conflict resolution, and peak performance.

He is the author of three best-selling books, *Three Deep Breaths*, *Journey to Center* and *The Magic of Conflict*.

Tom is also a black belt instructor in the art of Aikido, an instructor with the Ski and Snowboard Schools of Aspen/Snowmass, and a certified instructor with the Professional Ski Instructors Association.

In Tom Crum's program you will learn about the good energy in all of us and the choice we have to extend it.

Klaus Obermeyer, Founder and CEO of Sports Obermeyer Ltd.

About the Magic of Skiing Professionals

Joining Tom in the Magic of Skiing are some of the finest ski and snowboard professionals in the business. They include Professional Ski Instructor Association (PSIA) U.S. Demo Team members, current and former directors of ski schools, PSIA examiners and clinic leaders, Australian Demo team member, World Power Eight champions, ski racing coaches and more. Most of all, they are gifted teachers and practitioners of the **Thomas Crum Approach**.

Lodging Options

Aspen offers many options for lodging. The website www.stayaspensnowmass.com is a good source for hotel and condo availability. The website www.VRBO.com lists private homes and condos offered by owners, often at reduced rates.

Group Lodging at The Gant: We have arranged for group rates at The Gant, a popular and well-located condo resort and the host for all our off-mountain sessions. The condos at The Gant are more like a stay at a private home. Each spacious unit features a wood-burning fireplace, living room, private balcony, and fully equipped kitchen. Enjoy a full fitness center, two heated pools, and three Jacuzzis and the little touches expected of upscale lodging.

We can help you keep your lodging costs down by matching you with condo-mates at The Gant. Share the kitchen and large living areas, while maintaining your privacy in your own bedroom and bath.

Lodging Prices at The Gant

Single Occupancy

\$202.50/night*

(one person per bedroom/bath in a 2-bedroom/2 bath condo)

Double Occupancy

\$101.25/night*

(two people per bedroom/bath in a 2-bedroom/2 bath condo)

*plus tax and resort fees (A limited supply of 1-bedroom units are also available.)

To reserve your lodging space, contact Meredith in Group Sales:

970-920-6072 or 800-345-1471. Email is gantres@destinatiohotels.com

The Magic of Skiing is the greatest. Ken Blanchard, co-author of *The One Minute Manager* series